

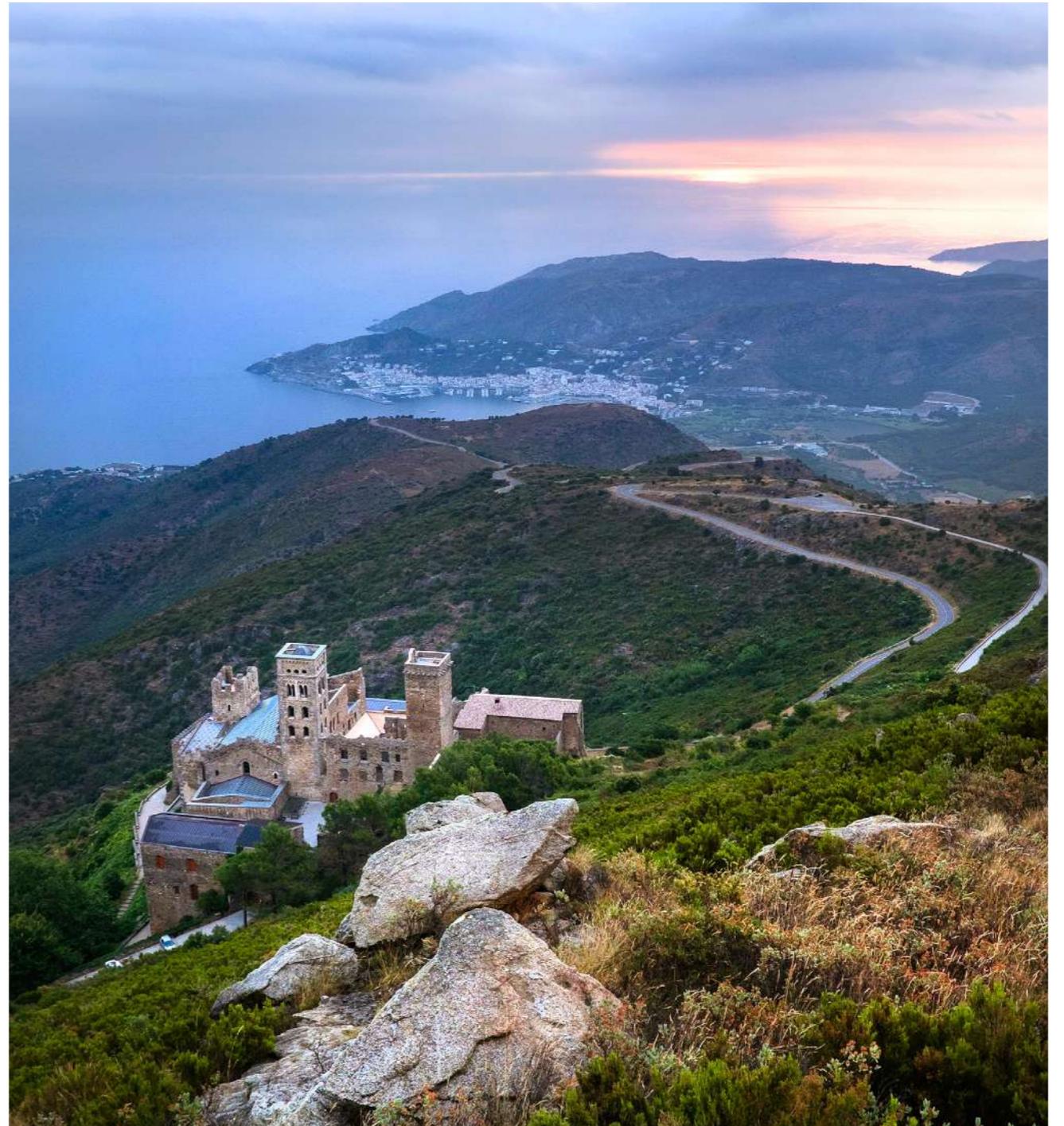
A la carte activities

SANT FELIU DE GUIXOLS

PERFUME EXPERIENCE

ARCHEOLOGY IN THE EMPORDÀ

GASTRONOMIC TRAIL IN GIRONA



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# SANT FELIU de GUIXOLS

Distance: 10 minutes by car or 50 minutes by foot (through Camino de Ronda GR92 or Ruta de Miradors).

Accompanied by our local guide, we depart for Sant Feliu de Guíxols, which with 20.000 inhabitants, is the nearest town of cultural and artistic importance. Proof of that, is the ancient Porta Ferrada Monastery (10th Cent.) that was built over Roman remains and houses the Museum of History. We'll visit the collection of cork production that had great relevance in this area in the past. We'll climb up to the "Tower of Smoke" (with striking views of the area) and we'll contemplate the art collection - mostly paintings- ceased by Baroness Carmen Thyssen, (from July to October). This morning walk will allow us to discover this genuine Catalan village with other highlights such as the Toy Museum, located in a little noucentista-style palace, that gathers 3.500 pieces locally manufactured between 1870 and 1980. It is interesting for families with children, living currently in a digitalized society. Furthermore, we can reach other points of interest, as the Shipwrecked Rescue Hut (picture) -so we can understand the Costa Brava sea history-, the Saint Elm Hermitage or the Municipal Casino. As we said at the beginning, this can be a pleasant half-day walk, or a comfortable car ride, covering more points of interest in the same time.

For more information please contact with our Concierge team:  
[reservas@lagavina.com](mailto:reservas@lagavina.com)



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# PERFUME EXPERIENCE

Distance: 40 minutes by car and 50 minutes to perfumer atelier in el Vallès region.

Catalonia has a long tradition in cosmetics production which, as much as Venice, collected the oriental inheritance thanks to the medieval trade, testimony of spiritual ointments and Mediterranean plants. The Occitan cultural footprint, as well as the artistic Provençal legacy, embodied great Interest for the world of scents, especially in the textile industry, but also among leather tanners. When filmmaker Tom Tykwer shot in Girona in 2006 scenes of his movie “The Perfume”, based on the novel by Patrick Süskind, it renewed an interest that we can evoke in a Thematic Trail through Medieval Girona. To understand the importance of perfumes in our culture and the expectation they generate, we’ll deep into the ins and outs of this mysterious world with the collaboration of a well-known Perfumer.

This is an exclusive experience, subject to the availability of our professional and his company.

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# ARCHEOLOGY IN THE EMPORDÀ

Distance: 35 minutes by car to Ullastret and 20 minutes to Empúries.

Not far from S'Agaró is located the Empordà county, which owes its name to the first Greek settlement of our peninsula. So to understand the anthropological origins of Catalonia, it is enough to head north, where we'll see the most important traces of Pre-roman culture. At the Iberian Ruins of Ullastret you will notice the degree of development of these folks and its resistance to Roman invaders with a stronghold of considerable dimensions. In l'Escala, our next stop in the itinerary, known for the production of anchovies and salted meats, we will go through the Greek-roman Excavations of Empúries lead by our guide specialized in archeology.

Despite being situated between the Baix Empordà and the bay of Roses, this is a long Half-Day, therefore we suggest that you lunch in a picturesque place like Pals, famous for its quality rice, grown here since immemorial times.

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# GASTRONOMIC TRAIL IN GIRONA

Distance: 40 minutes by car

This region is the birth place of some of the best chefs in the world, to name a few: Santi Santamaría, Carme Ruscalleda, Ferrán Adriá or Joan Roca. In Girona city we'll visit a food market called "Mercat de la Lleona", renowned for the variety and quality of the local products. In Catalonia we have a long coast, a dry terrain in hinterland and high mountain valleys in the Pyrenees, hence the wealth of diverse fresh products. We will continue with a Gastronomic Walk, bordering the river Onyar, along which we'll taste different specialties of our land, like the Coques de Recapte, the Xuxos, the Anchovies or the famous "Rocambolesc" ice-creams. At lunch time, we are participating in a cooking class, with a chef used to lead international clientele, to prepare typical local dishes. In the afternoon, we will attend the auction at the "Llotja de Peix" (fish-market) in Palamós (working days at 4.15pm) to learn about local sea-food and fish, like the king-size prawns or sea-urchins. We can generally adapt the food to all travelers' necessities. An experience for the senses!

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*THE COSTA BRAVA (Image - Cap de Creus, Costa Brava Tourism Board)*